

BSc Sport and Physical Literacy

ACADEMIC YEAR 2024/2025



Online Programmes Delivery Department (OPDD)

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IMPORTANT INFORMATION TO GUIDE COURSE SELECTION & REGISTRATION

Kindly review this document at the start of each semester for any adjustments to the schedule.



New Students

Students who enrolled as of Academic Year 2023/2024 must follow the prescribed course of study and sequence given for their programme.

Continuing Students

Students are required to successfully complete all courses in Year 1 before they can proceed to undertake courses in Year 2. Please continue to follow the prescribed course of study given.

Advice For Managing Course Load Most students carry between 1 - 3 courses per semester. For the working adult, we recommend that you do not attempt more than three (3) courses per semester and two (2) courses in summer.

Plan wisely to suit your particular situation so you may perform at your full potential. Do not jeopardize your long-term goals by being unrealistic about what you can handle.

IMPORTANT NOTE for New Students

Orientation is the first step to achieving academic and personal success at the UWI Open Campus. It supports you by assisting with your transition to the online environment. It will equip you with the needed navigational skills to function successfully online and provide pertinent information about the available services, go to persons and responsibilities as an online student. It is imperative that you attend the online sessions offered by the Online Programmes Delivery Department (OPDD) as well as the session offered at your local site office.

The **BSc Sport and Physical Literacy programme** demonstrates the importance of scientific reasoning in the study of politics, the importance of political discovery and practical relevance of political knowledge for progressive Caribbean democracies. The programme is delivered online using the Open Campus "Learning Exchange" environment (Moodle/Learning Management System).

The **BSc Sport and Physical Literacy programme** is a 90-credit undergraduate programme. The duration of the programme is 3 years full-time and five years part-time. In order to qualify for the award of the BSc Political Science degree, students must attain the credits at the respective levels as shown in the Table below.

| Awards | Level 1 | Level 2 | Level 3 | Total Credits |
|--------|------------|------------|------------|---------------|
| Degree | 30 credits | 30 credits | 30 credits | 90 credits |

BSc Sport and Physical Literacy programme operates under a semester system.

• Semester 1 and 2 each, have thirteen (13) weeks of instruction plus an examination period. • Summer session has seven (7) weeks of instruction plus the examination period.

Remember to check the programme-advising document before the start of registration and during the semester for any updates or additional information.

Pre-requisites for Matriculation into the BSc Sport and Physical Literacy Programme

- **Mathematics Requirements:** For entry to the Undergraduate programmes, an approved qualification in Mathematics is required. The minimum Mathematics requirement is a pass at CSEC or the equivalent. Candidates who do not meet this requirement must successfully complete the approved remedial Mathematics course Mathematics (MATH0900). MATH 0900 is offered in semester 1, 2 and summer.
- English Language Requirements: The English Language Proficiency Test (ELPT) is used to assess whether applicants to the Undergraduate programmes possess a satisfactory level of writing and reading proficiency in English for university academic purposes. ELPT is a pre-requisite for FOUN1001
- Technology Requirement: Students will need to have access to a computer with Internet access.

| | The BSc Sport and Physical Literacy Programme Pre-requisites for Matriculation | | | | | | |
|----------------|--|--------------|---|--|--|--|--|
| COURSE CODE | COURSE NAME | SEMESTER | PRE-REQUISITES & TIPS | | | | |
| Level 1 | | | | | | | |
| FOUN1001 | English for Academic Purposes | 1, 2, Summer | ELPT – English Language Proficiency* * If your Offer Letter from Admissions indicates that you are required to take the ELPT then you must first pass this Prerequisite test before you are allowed to do FOUN1001. TIP: If you already passed the ELPT, you should register for FOUN1001 in Semester 1. N.B. "With effect from Academic year 2019-2020, all newly admitted students to the University of the West Indies will be required to register for the required Foundation Course in Academic Literacies (unless otherwise exempted) as part of their Level One undergraduate degree programme. Part-time students will be required to register for their register for this course during the first year of their registration." | | | | |
| FOUN1101 | Caribbean Civilization | 1, 2, Summer | | | | | |
| FOUN 1501 | Foundations for Learning Success | 1, 2 | | | | | |
| HIST 1018 | The Origins and Growth of Modern Sports | 2 | None | | | | |
| SPPL1300 | Pedagogy of Physical Education & Sport 1 | 1 | None | | | | |
| SPPL1302 | Developing Physical Literacy | 1 | None | | | | |
| | Introduction to Sport Business Management | 1 | None Course Substitute for SPPL1303 Introduction to Sports Management | | | | |
| SPKN 1102 | Introduction to Physiology | 1 | | | | | |
| SPPL1304 | Theory & Practice of Sport: Target/Field Games | Summer/1 | None | | | | |
| SPPL1305 | Theory and Practice of Sport: Invasion Games | 2 | None | | | | |
| | | I | Level 2 | | | | |
| | Sport Programme/Activity Planning | Summer | None Taught Lecture Style. | | | | |
| | Pedagogy of Physical Education and Sport 2 | 2 | None Taught Lecture Style. | | | | |
| | Assessment & Evaluation in Physical Ed. | Summer | None Taught Lecture Style. | | | | |
| | Research Methods in Sport & Exercise Science | 1 | None Cross-campus delivery (STA) Course Substitution for SPPL 2308 Research Methods in Sport and Physical Education | | | | |
| | Theory and Practice of Sport: Athletics and Gymnastics | 2 | None | | | | |
| | Functional Anatomy | 1 | None. Taught Lecture Style. | | | | |
| | Sport and Exercise Biomechanics | 2 | None. Cross-campus delivery (Mona) Course Substitution for SPSC 2005 Introduction to Biomechanics | | | | |
| SPKN 2102 | Exercise Physiology 1 | 2 | None. Course Substitution for SPSC 2010 Exercise Physiology | | | | |
| SPSC 2020 | Sociology of Sport | 1 | None. Taught Lecture Style. | | | | |
| SPKN 2103 | Exercise Physiology 2 | 2 | None. Cross-campus delivery (Mona) Course Substitution for SPCH 2007 Coaching for Special Populations | | | | |
| | | Level 3 | | | | | |

| SPPL 3310 | Games and Outdoor Education | TBA | |
|-----------|--|-----|-------------------|
| | Contemporary Issues in Sport and Phys. Ed. | ТВА | |
| SPPL 3314 | Observation & Analysis of Human Performance | ТВА | |
| SPPL 3320 | Practicum 1: Instructional Planning and Assessment | ТВА | |
| SPPL 3316 | Theory and Practice of Sport: Cricket and Baseball | ТВА | |
| SPPL 3318 | Theory and Practice of Sport: Volleyball and Tennis | ТВА | |
| SPPL 3330 | Final Project/Practicum 2 | ТВА | |
| SPSC 3001 | Biomechanical Analysis of Human Movement | ТВА | Cross Campus Bdos |
| SPKN 3101 | Strength and Conditioning Training | 1 | Cross Campus Mona |
| SPKN 3104 | Sport Technology and Design | 2 | Cross Campus Mona |