



THE UNIVERSITY  
OF THE  
WEST INDIES  
GLOBAL CAMPUS

**BSc Sport Coaching**

ACADEMIC YEAR  
2026/2027



**Online Programmes Delivery Department (OPDD)**

[Programme Manager](#)

# IMPORTANT INFORMATION TO GUIDE COURSE SELECTION & REGISTRATION

Kindly review this document at the start of each semester  
for any adjustments to the schedule.



## New Students

Students who enrolled as of Academic Year 2026/2027 must follow the prescribed course of study and sequence given for their programme.

## Continuing Students

Students are required to successfully complete all courses in Year 1 before they can proceed to undertake courses in Year 2. Please continue to follow the prescribed course of study given.

## Advice For Managing Course Load

Most students carry between 1 – 3 courses per semester. **For the working adult**, we recommend that you **do not attempt more than three (3) courses** per semester and **only two (2) courses in summer**.

Plan wisely to suit your particular situation so you may perform at your full potential. Do not jeopardize your long-term goals by being unrealistic about what you can handle

### IMPORTANT NOTE for New Students

Orientation is the first step to achieving academic and personal success at the UWI Open Campus. It supports you by assisting with your transition to the online environment. It will equip you with the needed navigational skills to function successfully online and provide pertinent information about the available services, go to persons and responsibilities as an online student. It is imperative that you attend the online sessions offered by the Online Programmes Delivery Department (OPDD) as well as the session offered at your local site office.

The **BSc Sport Coaching** programme will offer basics for coaches in Sports in general. Functional Anatomy and relevant Physiology for coaches will form the basis for their learning of more applied aspects like Sports Nutrition and Biomechanics. The programme is delivered online using the Open Campus “Learning Exchange” environment (Moodle/Learning Management System).

The **BSc Sport Coaching** is a 93-credit undergraduate programme. The duration of the programme is 3 years full-time and five years part-time. In order to qualify for the award of the BSc Sport Coaching, students must attain the credits at the respective levels as shown in the Table below.

| Awards | Level 1    | Level 2    | Level 3    | Total Credits |
|--------|------------|------------|------------|---------------|
| Degree | 33 credits | 30 credits | 30 credits | 93 credits    |

The **BSc Sport Coaching programme** operates under a semester system.

- Semester 1 and 2 each, have thirteen (13) weeks of instruction plus an examination period.
- Summer session has seven (7) weeks of instruction plus the examination period.



Remember to check the programme-advising document before the start of registration and during the semester for any updates or additional information.

### Pre-requisites for Matriculation into the BSc Sport Coaching Programme

- **Mathematics Requirements:** For entry to the Undergraduate programmes, an approved qualification in Mathematics is required. The minimum Mathematics requirement is a pass at CSEC or the equivalent. Candidates who do not meet this requirement must successfully complete the approved remedial Mathematics course Mathematics (MATH0900). MATH0900 is offered in semester 1, 2 and summer.
- **English Language Requirements:** All undergraduate students must demonstrate proficiency in English Language before they can register for FOUN1001 - English for Academic Purposes. This can be done in the following ways:
  1. Students must EITHER possess a passing grade in one of the following exams and courses (see [Exemptions](#)) OR
  2. Successfully complete ONE of the two prerequisites:
    - a. Current students must pass the FOUN0003 - Communication and Use of English course (formally ACRS003), which is a prerequisite for FOUN1001.

- b. Applicants/ incoming students must successfully pass the English Language Proficiency Test (ELPT) on the first attempt or must successfully complete the FOUN0003 course.  
Note: The dates for the ELPT can be found in the [Academic Calendar](#)
- . More information about the ELPT can be found on the [Global Campus website](#).

- **Foreign Language Requirements**

- As of the 2025-2026 Academic Year, new/ incoming undergraduate students are required to satisfy the Foreign Language Requirement Regulation by successfully completing one (1) foreign language course (3 credits) to meet the requirements for graduation. This can be done in the following ways:
  - 1. The Global Campus option: Successfully complete the SPAN0900 - Introductory Spanish offered by The UWI Global Campus. This may be substituted for FOUN1101 - Caribbean Civilization
  - 2. The self-study option: Successfully complete TWO online courses offered by The Universitat Politècnica de València (UPV). The certificate option is required.
  - 3. Student exchange and study abroad option

Important: Further information can be found on the [Global Campus website](#).

- **Technology Requirement:** Students will need to have access to a computer with Internet access.

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| The BSc Sport Coaching Programme Pre-requisites for Matriculation |                                                      |              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|-------------------------------------------------------------------|------------------------------------------------------|--------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| COURSE CODE                                                       | COURSE NAME                                          | SEMESTER     | PRE-REQUISITES & TIPS                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>Level 1</b>                                                    |                                                      |              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| FOUN 1001                                                         | English for Academic Purposes                        | 1, 2, Summer | <p>ELPT – English Language Proficiency*</p> <p>* If your Offer Letter from Admissions indicates that you are required to take the ELPT then you must first pass this Pre-requisite test before you are allowed to do FOUN1001.</p> <p><b>TIP:</b> If you already passed the ELPT you should register for FOUN1001 in Semester 1.</p> <p><b>N.B. "</b> With effect from Academic year 2019-2020, all newly admitted students to the University of the West Indies will be required to register for the required Foundation Course in Academic Literacies (unless otherwise exempted) as part of their Level One undergraduate degree programme. <b>Part-time students will be required to register for this course during the first year of their registration."</b></p> |
| FOUN 1101                                                         | Caribbean Civilization                               | 1, 2, Summer | None                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| FOUN 1210                                                         | Science, Medicine and Technology in Society          | 1, 2, Summer | None                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| ECON 1005                                                         | Introduction to Statistics                           | 1,2          | The minimum Mathematics requirement is a pass at CSEC or the equivalent. Candidates who do not meet this requirement must successfully complete the approved remedial Mathematics course Maths (MATH 0900). MATH0900 is offered in semester 1, 2 and summer. Please consult your admissions documents to see the recommendation on MATH0900.                                                                                                                                                                                                                                                                                                                                                                                                                            |
| HIST 1018                                                         | The Origins and Growth of Modern Sport (1850 – 1945) | 2            | None                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| SPKN 1104                                                         | Introduction to Sport and Exercise Psychology        | 2            | None                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| SPKN 1101                                                         | Human Anatomy 1                                      | Summer       | None                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| SPCH 1000                                                         | Sport Coaching: Basic Concepts                       | 2            | None                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| SPKN 1102                                                         | Introduction to Physiology                           | 1            | None                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| SPKN 1103                                                         | Human Anatomy 2 – The Lower Quadrant                 | 2            | None                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| SPCH 1010                                                         | Coaching Practicum 1                                 | Summer       | None                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <b>Level 2</b>                                                    |                                                      |              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| PHIL 2028                                                         | Sport Ethics                                         | 1            | None                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| SPCH 2000                                                         | Fundamentals of Sport Coaching                       | 1            | SPCH1000, SPCH1010                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| SPCH 2001                                                         | Sport Coaching and Learning                          | 2            | None                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| SPCH 2010                                                         | Coaching Practicum 2                                 | 1            | SPCH1000, SPCH2000, SPKN2104                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| SPKN 2102                                                         | Exercise Physiology 1                                | 2            | None                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| SPKN 2103                                                         | Exercise Physiology 2                                | 2            | None                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| SPKN 2104                                                         | Motor Control and Motor Learning                     | 2/Summer     | None                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| SPKN 2106                                                         | Sport and Exercise Nutrition                         | 1            | None                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| SPKN 2107                                                         | Sport and Exercise Biomechanics                      | 2            | None.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| SPKN2108                                                          | Pharmacology and Doping in Sport                     | 2            | None                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |

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| Level 3   |                                           |        |                                                                                              |
|-----------|-------------------------------------------|--------|----------------------------------------------------------------------------------------------|
| LANG 3101 | Communication in the Workplace            | Summer | FOUN 1001 English for Academic Purposes.<br>Cross-Campus Delivery (St. Augustine) Summer: LE |
| SPSC 2025 | Sport Law                                 | 1      | None                                                                                         |
| SPCH 3000 | Advanced Coaching                         | Summer | Taught Lecture Style: LE                                                                     |
| SPKN 3102 | Applied Biomechanics                      | 1      | SPKN 2107                                                                                    |
| SPKN 3101 | Strength and Conditioning Training        | 1      | None                                                                                         |
| SPCH 3010 | Coaching Practicum 3                      | Summer | Coaching Practicum 1 and 2. Taught Lecture Style: LE                                         |
| SPKN 3106 | Ergonomics In Sport and Physical Activity | 1      | None                                                                                         |
| SPCH 3001 | Research Methods in Sport Coaching        | 2      | None                                                                                         |
| SPCH 3020 | Coaching Practicum 4                      | 1      | Coaching Practicum 1, 2, and 3: LE                                                           |
| SPCH 3030 | Coaching Practicum 5                      | 2      | Coaching Practicum 1, 2, 3 and 4: LE                                                         |

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