



THE UNIVERSITY
OF THE
WEST INDIES
GLOBAL CAMPUS

BSc Sport Kinetics

ACADEMIC YEAR
2024/2025



Programme Delivery Department (PDD)

Programme Manager: Mrs. Colleen Robinson-Hunte

Email: colleen.robinson-hunte@open.uwi.edu

IMPORTANT INFORMATION TO GUIDE COURSE SELECTION & REGISTRATION

Kindly review this document at the start of each semester for any adjustments to the schedule.



New Students

Students who enrolled as of Academic Year 2022/2023 must follow the prescribed course of study and sequence given for their programme.

Continuing Students

Students are required to successfully, complete all courses in Year 1 before they can proceed to undertake courses in Year 2. Please continue to follow the prescribed course of study given.

Advice For Managing Course Load

Most students carry between 1 – 3 courses per semester. **For the working adult**, we recommend that you **do not attempt more than three (3) courses** per semester and **only two (2) courses in summer**.

Plan wisely to suit your particular situation so you may perform at your full potential. Do not jeopardize your long-term goals by being unrealistic about what you can handle.

Disclaimer: The Online Programmes Delivery Department (OPDD), UWI Global Campus reserves the right to revise this document during the Academic Year 2023/2024. Kindly check before the start of registration and during the semester for any updates or additional information. Please be guided accordingly



IMPORTANT NOTE for New Students

Orientation is the first step to achieving academic and personal success at the UWI Open Campus. It supports you by assisting with your transition to the online environment. It will equip you with the needed navigational skills to function successfully online and provide pertinent information about the available services, go to persons and responsibilities as an online student. It is imperative that you attend the online sessions offered by the Programme Delivery Department (PDD) as well as the session offered at your local site office.

The **BSc Sport Kinetics** programme introduces coaches, athletes, sports scientists and sports enthusiasts to the science behind movement and high athletic performance. The programme is delivered online using the Open Campus “Learning Exchange” environment (Moodle/Learning Management System).

The **BSc Sport Kinetics** is a 90-credit undergraduate programme. The duration of the programme is 3 years full-time and five years part-time. In order to qualify for the award of the BSc Sport Kinetics, students must attain the credits at the respective levels as shown in the Table below.

| Awards | Level 1 | Level 2 | Level 3 | Total Credits |
|--------|------------|------------|------------|---------------|
| Degree | 30 credits | 30 credits | 30 credits | 90 credits |

The **BSc Sport Kinetics** programme operates under a semester system.

- Semester 1 and 2 each, have thirteen (13) weeks of instruction plus an examination period.
- Summer session has seven (7) weeks of instruction plus the examination period.



Remember to check the programme-advising document before the start of registration and during the semester for any updates or additional information.

Disclaimer: The Online Programmes Delivery Department (OPDD), UWI Global Campus reserves the right to revise this document during the Academic Year 2023/2024. Kindly check before the start of registration and during the semester for any updates or additional information. Please be guided accordingly



Pre-requisites for Matriculation into the BSc Sport Kinetics Programme

- **Mathematics Requirements:** For entry to the Undergraduate programmes, an approved qualification in Mathematics is required. The minimum Mathematics requirement is a pass at CSEC or the equivalent. Candidates who do not meet this requirement must successfully complete the approved remedial Mathematics course Mathematics (MATH0900). MATH0900 is offered in semester 1, 2 and summer.
- **English Language Requirements:** The English Language Proficiency Test (ELPT) is used to assess whether applicants to the Undergraduate programmes possess a satisfactory level of writing and reading proficiency in English for university academic purposes. ELPT is a pre-requisite for FOUN1001: English for Academic Purposes. Check your site office for more details.
- **Technology Requirement:** Students will need to have access to a computer with Internet access.

Disclaimer: The Online Programmes Delivery Department (OPDD), UWI Global Campus reserves the right to revise this document during the Academic Year 2023/2024. Kindly check before the start of registration and during the semester for any updates or additional information. Please be guided accordingly



| The BSc Sport Kinetics Programme Pre-requisites for Matriculation | | | |
|---|--|--------------|--|
| COURSE CODE | COURSE NAME | SEMESTER | PRE-REQUISITES & TIPS |
| Level 1 | | | |
| FOUN1001 | English for Academic Purposes | 1, 2, Summer | ELPT – English Language Proficiency* * If your Offer Letter from Admissions indicates that you are required to take the ELPT then you must first pass this Pre-requisite test before you are allowed to do FOUN1001. TIP: If you already passed the ELPT you should register for FOUN1001 in Semester 1. N.B. " With effect from Academic year 2019-2020, all newly admitted students to the University of the West Indies will be required to register for the required Foundation Course in Academic Literacies (unless otherwise exempted) as part of their Level One undergraduate degree programme. Part-time students will be required to register for this course during the first year of their registration." |
| FOUN1101 | Caribbean Civilization | 1, 2, Summer | None |
| FOUN1210 | Science, Medicine and Technology in Society | 1, 2, Summer | None |
| ECON1005 | Introduction to Statistics | 1, 2 | The minimum Mathematics requirement is a pass at CSEC or the equivalent. Candidates who do not meet this requirement must successfully complete the approved remedial Mathematics course Maths (MATH 0900).MATH0900 is offered in semester 1, 2 and summer. Please consult you admissions documents to see the recommendation on MATH0900 |
| HIST1018 | The Origins and Growth of Modern Sport (1850-1945) | 2 | None |
| SPKN1104 | Introduction to Sport and Exercise Psychology | 2 | None |
| SPKN1101 | Human Anatomy 1 | Summer | None |
| SPCH1000 | Sport Coaching: Basic Concepts | 2 | None |
| SPKN1102 | Introduction to Physiology | 1 | None |
| SPKN1103 | Human Anatomy 2 – The Lower Quadrant | 2 | None |
| Level 2 | | | |
| PHIL 2028 | Sport Ethics | 1 | None |
| SPKN 2102 | Exercise Physiology 1 | 2 | None |
| SPKN 2103 | Exercise Physiology 2 | 2 | None. Cross-campus delivery(Mona) |
| SPKN 2104 | Motor Control and Motor Learning | 2 | None |
| SPKN 2105 | Research Methods in Sport & Exercise Science | 1 | None Cross-campus delivery (St Augustine) |
| SPKN 2106 | Sport and Exercise Nutrition | 1 | None |
| SPKN 2107 | Sport and Exercise Biomechanics | 2 | None Cross-campus delivery(Mona) |
| SPKN 2108 | Pharmacology and Doping in Sport | 2/Summer | None Semester 2:Cross-campus Delivery(Mona) Summer: LE |
| SPKN 2109 | Adaptive Sport Kinetics | Summer | None |
| SPKN 2110 | Responsible Conduct of Research | 2 | None Taught Lecture Style: LE |

Disclaimer: The Online Programmes Delivery Department (OPDD), UWI Global Campus reserves the right to revise this document during the Academic Year 2023/2024. Kindly check before the start of registration and during the semester for any updates or additional information. Please be guided accordingly



| The BSc Sport Kinetics Programme Pre-requisites for Matriculation | | | |
|---|---|----------|--|
| COURSE CODE | COURSE NAME | SEMESTER | PRE-REQUISITES & TIPS |
| Level 3 | | | |
| | | | |
| SPKN 3104 | Sport Technology and Design | 2 | None Cross-campus delivery(Mona) |
| SPKN 3105 | Athletic Performance in Extreme Environments | 2 | None Cross-campus delivery(Mona) |
| LANG 3101 | Communication in the Workplace: Principles and Practice | 2/Summer | FOUN 1001 English for Academic Purposes. Cross-campus Delivery (St. Augustine) OC/LE |
| SPKN 3101 | Strength and Conditioning Training | 1 | Cross-campus delivery (Mona) |
| SPKN 3102 | Applied Biomechanics in Sport and Exercise | 1 | SPKN 2107, Cross-campus delivery (Mona) |
| SPKN 3103 | Data Analysis in Sport and Exercise Science | 1 | Cross-campus delivery (Mona) |
| SPKN 3110 | Sport Kinetics Practicum 1 | Summer | Taught Lecture Style: LE |
| SPKN 3106 | Ergonomics in Sport and Physical Activity | 1 | Cross-campus delivery (Mona) |
| SPKN 3120 | Sport Kinetics Practicum 2 | 1 | Taught Lecture Style: LE |
| SPKN 3121 | Research Project | 2 | SPKN 2105, SPKN 2110 |

Disclaimer: The Online Programmes Delivery Department (OPDD), UWI Global Campus reserves the right to revise this document during the Academic Year 2023/2024. Kindly check before the start of registration and during the semester for any updates or additional information. Please be guided accordingly

