



THE UNIVERSITY
OF THE
WEST INDIES
GLOBAL CAMPUS

BSc Sport Kinetics

ACADEMIC YEAR
2025/2026



Programme Delivery Department (PDD)

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IMPORTANT INFORMATION TO GUIDE COURSE SELECTION & REGISTRATION

Kindly review this document at the start of each semester for any adjustments to the schedule.



New Students

Students who enrolled as of Academic Year 2022/2023 must follow the prescribed course of study and sequence given for their programme.

Continuing Students

Students are required to successfully complete all courses in Year 1 before they can proceed to undertake courses in Year 2. Please continue to follow the prescribed course of study given.

Advice For Managing Course Load

Most students carry between 1 – 3 courses per semester. **For the working adult**, we recommend that you **do not attempt more than three (3) courses** per semester and **only two (2) courses in summer**.

Plan wisely to suit your particular situation so you may perform at your full potential. Do not jeopardize your long-term goals by being unrealistic about what you can handle.

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IMPORTANT NOTE for New Students

Orientation is the first step to achieving academic and personal success at the UWI Open Campus. It supports you by assisting with your transition to the online environment. It will equip you with the needed navigational skills to function successfully online and provide pertinent information about the available services, go to persons and responsibilities as an online student. It is imperative that you attend the online sessions offered by the Programme Delivery Department (PDD) as well as the session offered at your local site office.

The **BSc Sport Kinetics** programme introduces coaches, athletes, sports scientists and sports enthusiasts to the science behind movement and high athletic performance. The programme is delivered online using the Open Campus “Learning Exchange” environment (Moodle/Learning Management System).

The **BSc Sport Kinetics** is a 90-credit undergraduate programme. The duration of the programme is 3 years full-time and five years part-time. In order to qualify for the award of the BSc Sport Kinetics, students must attain the credits at the respective levels as shown in the Table below.

Awards	Level 1	Level 2	Level 3	Total Credits
Degree	30 credits	30 credits	30 credits	90 credits

The **BSc Sport Kinetics** programme operates under a semester system.

- Semester 1 and 2 each, have thirteen (13) weeks of instruction plus an examination period.
- Summer session has seven (7) weeks of instruction plus the examination period.



Remember to check the programme-advising document before the start of registration and during the semester for any updates or additional information.

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Pre-requisites for Matriculation into the BSc Sport Kinetics Programme

- **Mathematics Requirements:** For entry to the Undergraduate programmes, an approved qualification in Mathematics is required. The minimum Mathematics requirement is a pass at CSEC or the equivalent. Candidates who do not meet this requirement must successfully complete the approved remedial Mathematics course Mathematics (MATH0900). MATH0900 is offered in semester 1, 2 and summer.
- **English Language Requirements:** The English Language Proficiency Test (ELPT) is used to assess whether applicants to the Undergraduate programmes possess a satisfactory level of writing and reading proficiency in English for university academic purposes. ELPT is a pre-requisite for FOUN1001: English for Academic Purposes. Check your site office for more details.
- **Technology Requirement:** Students will need to have access to a computer with Internet access.

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The BSc Sport Kinetics Programme Pre-requisites for Matriculation			
COURSE CODE	COURSE NAME	SEMESTER	PRE-REQUISITES & TIPS
Level 1			
FOUN1001	English for Academic Purposes	1, 2, Summer	ELPT – English Language Proficiency* * If your Offer Letter from Admissions indicates that you are required to take the ELPT then you must first pass this Pre-requisite test before you are allowed to do FOUN1001. TIP: If you already passed the ELPT you should register for FOUN1001 in Semester 1. N.B. " With effect from Academic year 2019-2020, all newly admitted students to the University of the West Indies will be required to register for the required Foundation Course in Academic Literacies (unless otherwise exempted) as part of their Level One undergraduate degree programme. Part-time students will be required to register for this course during the first year of their registration."
FOUN1101	Caribbean Civilization	1, 2, Summer	None
FOUN1210	Science, Medicine and Technology in Society	1, 2, Summer	None
ECON1005	Introduction to Statistics	1, 2	The minimum Mathematics requirement is a pass at CSEC or the equivalent. Candidates who do not meet this requirement must successfully complete the approved remedial Mathematics course Maths (MATH 0900).MATH0900 is offered in semester 1, 2 and summer. Please consult you admissions documents to see the recommendation on MATH0900
HIST1018	The Origins and Growth of Modern Sport (1850-1945)	2	None
SPKN1104	Introduction to Sport and Exercise Psychology	2	None
SPKN1101	Human Anatomy 1	Summer	None
SPCH1000	Sport Coaching: Basic Concepts	2	None
SPKN1102	Introduction to Physiology	1	None
SPKN1103	Human Anatomy 2 – The Lower Quadrant	2	None
Level 2			
PHIL 2028	Sport Ethics	1	None
SPKN 2102	Exercise Physiology 1	2	None
SPKN 2103	Exercise Physiology 2	2	None. Cross-campus delivery(Mona)
SPKN 2104	Motor Control and Motor Learning	2	None
SPKN 2105	Research Methods in Sport & Exercise Science	1	None Cross-campus delivery (St Augustine)
SPKN 2106	Sport and Exercise Nutrition	1	None
SPKN 2107	Sport and Exercise Biomechanics	2	None Cross-campus delivery(Mona)
SPKN 2108	Pharmacology and Doping in Sport	2/Summer	None Semester 2:Cross-campus Delivery(Mona) Summer: LE
SPKN 2109	Adaptive Sport Kinetics	Summer	None
SPKN 2110	Responsible Conduct of Research	2	None Taught Lecture Style: LE

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COURSE CODE	COURSE NAME	SEMESTER	PRE-REQUISITES & TIPS
Level 3			
SPKN 3104	Sport Technology and Design	2	None Cross-campus delivery(Mona)
SPKN 3105	Athletic Performance in Extreme Environments	2	None Cross-campus delivery(Mona)
LANG 3101	Communication in the Workplace: Principles and Practice	2/Summer	FOUN 1001 English for Academic Purposes. Cross-campus Delivery (St. Augustine) OC/LE
SPKN 3101	Strength and Conditioning Training	1	Cross-campus delivery (Mona)
SPKN 3102	Applied Biomechanics in Sport and Exercise	1	SPKN 2107, Cross-campus delivery (Mona)
SPKN 3103	Data Analysis in Sport and Exercise Science	1	Cross-campus delivery (Mona)
SPKN 3110	Sport Kinetics Practicum 1	Summer	Taught Lecture Style: LE
SPKN 3106	Ergonomics in Sport and Physical Activity	1	Cross-campus delivery (Mona)
SPKN 3120	Sport Kinetics Practicum 2	1	Taught Lecture Style: LE
SPKN 3121	Research Project	2	SPKN 2105, SPKN 2110

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