



## **PSYCHOLOGY IN THE WORKPLACE**

### **WORKSHOP DESCRIPTION**

The workshop addresses the general practices of workplace communication.

### **OBJECTIVE**

Participants will learn what it takes to have a truly functional work team.

### **CONTENT**

- Communication in the workplace
- Questioning skills for understanding
- Managing conflicts in the workplace
- Motivation and job satisfaction
- Workplace stress – recognising and managing situations before they become crises
- Team dynamics and functioning

**This two-day workshop is designed to provide a timely and effective response to private and public sector organisations that have identified a need for improved communication skills within the workplace.**