



THE UNIVERSITY OF THE WEST INDIES
GLOBAL CAMPUS
JAMAICA EASTERN
CAMP ROAD

Principles & Techniques of Counselling

Objectives:

To examine the general principles, goals, nature and process of counselling with individuals and groups.

To practice fundamental communication and counselling skills.

Entry Requirements:

4 O'Level / CXC passes

- Overview of Counselling
- Counselling Theories and Practices
- Communication Skills in Counselling
- Self Management Counselling
- Group Counselling

Duration: One Year (3 Terms)

Contact Hours: 60

Credits: 6

2A CAMP ROAD, KINGSTON 4
926-2246/7; 926-8119

E-mail: jamaica.eastern@open.uwi.edu