



THE UNIVERSITY OF THE WEST INDIES
GLOBAL CAMPUS
JAMAICA EASTERN
CAMP ROAD

Introduction to Counselling

Objectives:

To examine the general principles, goals, nature and process of counseling with individuals and groups.

To practice fundamental communication and counselling skills.

Entry Requirements:

School Leaver's Certificate & 1 yr. Work Experience

- Self Awareness
- The Family
- Counselling Skills Training
- Counselling Techniques
- Communication Skills
- The Counselling Process
- Practicum Exercise

Duration: **10 weeks**

Contact Hours: **30**

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