



THE UNIVERSITY OF THE WEST INDIES
GLOBAL CAMPUS
Consortium for Social Development and Research
SOCIAL WORK TRAINING AND RESEARCH CENTRE

SUICIDE COUNSELLING & AVERSION

Workshop



Modality

Online



Duration

6 hours



Certificate

Achievement



Cost



Start Date



Continuing Education Units

0.6 CEU

The Suicide Counselling & Aversion workshop aims to help participants to adequately recognise and respond to clients and individuals exhibiting suicidal tendencies. Using cases studies, participants will be introduced to evidence-based interventions and review the core elements of the suicide prevent planning process.

Objectives

1. Understand suicidal thoughts and tendencies.
2. Identify suicidal triggers and key risks.
3. Select appropriate suicide prevention techniques.
4. Explore how to plan interventions with clients, as well as their family and support team.
5. Evaluate intervention plans

Entry Requirements

1. There are no academic requirements to participate in the learning session.
2. Participants interacting remotely should have access to the internet and a computer/tablet/smartphone with the Zoom app downloaded.

Topics

1. Suicide
 - a. Local context
 - b. Common causes of suicidal behaviour
 - c. Differentiate between self-harm and high-risk suicidal behaviour
2. Risk Assessment
 - a. Identify key risks and triggers
 - b. Introduction to risk assessment methods
 - c.
3. Develop Intervention and Treatment Plans
 - a. Suicide prevention techniques
 - b. QPR (Question, Persuade, Refer)
 - c. Vicarious traumatisation
 - d. Legal and ethical considerations
4. Evaluating suicide intervention plans

Evaluation & Certification

Participants will receive a Certificate of Achievement upon successful participation in the workshop and earning 50% or higher on the following assessments.

1. Case Study Reflection	40 %
2. Online quiz	60 %

	100 %