



THE UNIVERSITY OF THE WEST INDIES  
GLOBAL CAMPUS  
**Consortium for Social Development and Research**  
SOCIAL WORK TRAINING AND RESEARCH CENTRE

# TRAUMA: TREATMENT AND TRANSFORMATION Workshop



## Modality

Online



## Duration

6 hours



## Certificate

Achievement



## Cost



## Start Date



## Continuing Education Units

0.6 CEU

The goal for the Trauma- Treatment and Transformation workshop is to sensitise individuals to the nature and prevalence of violence. Within the 6-hour session, participants will learn how to identify trauma and provide critical support to restore relationships, improve mental health and increase safety for victims.

## Objectives

1. Understand trauma, types, and symptoms of violence
2. Review the impact of violence on self and relationships
3. Develop treatment plans to restructure maladaptive behaviours and improve safety
4. Explore how to plan interventions with clients, as well as their family and support team.
5. Evaluate intervention plans.

## Entry Requirements

1. There are no academic requirements to participate in the learning session.
2. Participants should have access to the internet and a computer/tablet/smartphone with the Zoom app downloaded.

## Topics

1. Family Trauma
  - a. Definition
  - b. Forms of trauma
  - c. Factors influencing family violence and trauma
  - d. Impact on individual, family and community
2. Assessment and Safety
3. Develop Systematic Interventions
  - a. Clinical theory
  - b. Trauma-Informed approaches at Micro, Meso and Macro level
  - c. Engaging family and support systems in trauma-informed care
  - d. Legal and ethical considerations
4. Evaluating intervention plans

## Evaluation & Certification

Participants will receive a Certificate of Achievement upon successful participation in the workshop and earning 50% or higher on the following assessments.

1. Case Study Reflection	40 %
2. Online quiz	60 %
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	100 %